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## Useful Phone numbers (Australia)

Christadelphian Aged Care (NSW, QLD)	02 9782 6000
Bethsalem Care, SA	08 8321 0300
Olivet Care, Victoria	03 9131 5500

### Financial

Centrelink – Aged Pension 13 23 00

Carer benefits 13 27 17

Family Assist 13 61 50

Financial Advice

Aged Care Finance Solutions 1800 001 020

Affinity Aged Care Financial Services 1300 366 932

Seniors Rights Services 1800 424 079

(free and confidential legal advice/advocacy/education)

Guardianship Tribunal 1800 463 928

NSW Trustee & Guardian 1300 102 030

NT 08 8999 7882

QLD Public Trustee 1300 360 044

SA Public Trustee 08 8226 9200

Tasmania 1800 068 784

Victoria 1300 138 672

WA Public Trustee 1300 746 116

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## Useful Phone numbers (Australia)

### Medical

Medicare	132 011
MyAgedCare	1800 200 422
Hearing Services	1800 500 726
Dementia Helpline	1800 100 500
Visioncare	1300 847 366
Elder Abuse Helpline	1800 628 221
Taxi Subsidy Scheme	1800 623 724
Continence Helpline	1800 330 066
Carers NSW	1800 242 636
Emergency Respite	1800 059 059
Cancer Council	13 11 20
Advance Care Directive	1800 451 488
Disability advice (64yrs and younger)	1800 422 016

### Emergency Alert Systems/Personal Alarm

A personal alarm is a small device that helps you communicate with a person in times of need.

If you have a smartphone, you can use a number of apps that are similar to personal alarms, but they'll have some limitations.

Commonwealth Home Support Program – government assistance with a personal alarm

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## Useful Phone numbers (Australia)

Care@Home	1300 851 771
Vital Call	1300 360 808
Live-Life	1800 936 774
Mind Me	1300 776 907
Safe-Life	03 9588 0833

### Buy local vs overseas product?

**Choice** “checked on a large shopping website based in China and found some identical looking, and similarly featured, devices to the Live-Life, Mind Me and Safe-Life for around \$80. The good news is that they may perform in a similar manner. The bad news is they have:

- no local support and instructions (if they exist)
  - may not work with local sim cards
  - may not be in English.”
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