
Newsletter

Laurence Lepherd, editor

editor@adelphicare.org

#20 – August, 2023

adelphicare.org

God-centred care
for everyone



Prayer – persistent and personal

This month's newsletter focuses on prayer and faith in caring for ourselves and others. The first article by Peter Collins cites a number of Christadelphian authors on the value and importance of prayer. In the second article, Cathy Strachan tells the story of the way, through prayer and God's guidance, her life and service have developed. The third article is one that can be found in its entirety in the developing e-book and provides perceptions on the role faith has in illness and life – always associated with prayer.

Prayer – Peter Collins

The power and efficacy of persistent personal prayer to God our Father is vital. Daily life often sweeps us up in its busyness and those quiet times with the Father in prayer can be few and far between. As days and years pass us by we can find those times we *do* come to God in prayer we find it hard to find words. It may be because of shame we feel in the face of our sin. We may wonder if God is listening.

The following collected thoughts on prayer come from various writers that will, God willing, help us to find those words and bring us closer to our Father in heaven.

“The spirit of prayer is caught not taught. It is caught from the prayers of the faithful... and from the example of Jesus. There may be difficulties. Some find that they do not know what to pray for, or about. Yet the Father is the truest friend of all and we can reveal things to Him that could never be told to anyone else...

Prayer can be silent or uttered and used anywhere and at any time: in a train or bus, when driving a car or walking to work; at home, in the office. Even when standing before a king in great distress. Psalm 102 speaks of such a moment...

Psalm 102v1-2 “O LORD, hear my prayer! Pay attention to my cry for help! Do not ignore me in my time of trouble! Listen to me!” (John Marshall)

Read more...

<https://www.adelphicare.org/documents/080-prayer.pdf>

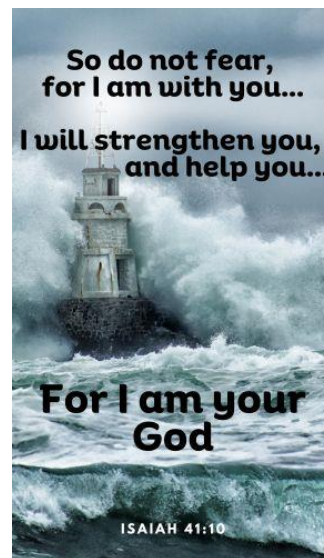
Seeing God in everything – Cathy Strachan

Our God creates and sustains this magnificent world. He is in everything! and I want to be constantly aware of *seeing* Him, looking for Him and recognising Him in all things from the creation around me to my own, personal life. I remember as a teenager on a Truth for Youth camp, our Youth Leader would play a game

similar to “I spy with my little eye”, but instead of picking the first letter of something he saw, he would name the object, and we would have to come up with Biblical references to that thing, such as cloud, the colour purple, acacia tree, etc. Of course, it became a competitive ‘knowledge’ rivalry, but the concept was to relate everything we saw to something in scripture. Apart from sharpening our memory skills, it taught me to look for God in everything we see or do. When I see birds – their beauty just for me to see, I think of Him and think of where birds are written about in scripture or are symbolic of something. When I learn from my children, or see a child dependent on their parent, it reminds me that I am a child of God and how blessed I am to part of His family. When you see a sheep or a boat or a donkey or a leek or red wine or a coat or a mountain or a hand or someone's eyes . . . I have learned to be alert and aware to what God is showing me and teaching me. ... I have come to firmly believe that my Father is actively involved in everything I do – both in the big things and the small inconsequential things. ...

Read more...

<https://www.adelphicare.org/documents/081-everything.pdf>



How do I help someone ... maintain faith during illness?

Laurence Lepherd and the editorial team

Illness and death are aspects of life that can affect us all. We become ill ourselves and know of others who are extremely ill. We can face death ourselves and know of others who face death. How do we approach these aspects of our existence? A simple

answer is that we have faith that God will heal us in our illness, help us to overcome facing death and also have faith that our friend or family facing death will be healed and not have to confront death. Unfortunately, this is not entirely satisfactory. ...

Read more...

<https://www.adelphicare.org/HDIHS/000H-faith.html>