
Newsletter

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adelphicare.org

God-centred caring for
everyone



Golden apples in silver baskets

... a word fitly spoken...

A role of older people in an ecclesia

Proverbs 25:11 tells us that golden apples in silver baskets are something of great beauty and value.

The writer regarded appropriate words (and implied actions) to someone at an appropriate time as exceptional and worthy. Those of us who are older, many of us with silver hair, can provide appropriate words and actions that can be accepted appreciatively by those with whom we interact.

The material for this Newsletter was collated from an evening at the 2016 Rathmines Seniors Bible Week. Being seniors, we are all trying to think of ways we can be of most help in our ecclesias. The evening at Rathmines was chaired by John Quill and there were presentations by me, Gary Steel, Robyn Anderson, Lesley Quill and also John. The presentations were collated, and all attendees at the Week were invited to contribute their own thoughts in writing after the evening finished. These were collated and edited, incorporated into a book and distributed to attendees at the Week.

Prior to including this book in the adelphicare.org website I sought the permission of the named contributors to make the book more widely available. They readily agreed. John made this comment:

"It was wonderful reading this again and recalling the wonderful days we had together way back then. I have read the document before, as you might recall, and enjoyed it then. Now it seems it has so much more relevance to me as I'm six years older. As you are well aware, at this stage in our lives, changes come quickly but articles such as this help to steady us through causing us to reflect on how we might better serve our family and our brothers and sisters and their children while we still are able to work. "

Access the book directly by pasting this address in your browser:

www.adelphicare.org/documents/061-Golden-Apples.pdf

So we are not all old!

This issue focuses on the contribution older people can make during every day life. We would really like to encourage younger people to contribute to the adelphicare.org site. Please visit the site and consider contributing. The possible areas are indicated. We would particularly like to hear from young people, and middle aged people with families. Guidelines for contributing can be found on the 'Contributions' page.

(Who is a younger person? Anyone under the age of 80!)

Carer's Corner – A Good Listener. A caring person is a good listener who is genuinely interested and available and who doesn't criticise or tell us what to do. Here are some ways to make sure that you really 'hear' the messages that are sent to you:

1. Make sure that you give people time to reply to you. Let them finish what they are saying.
2. Listen to what is being said rather than focus on what you want to say.
3. If you are not sure you understand, ask the other person to clarify or give an example.

Read more... adelphicare.org/documents/060-listener.pdf

With thanks to Helen Smallwood and the Victorian Christadelphian Support Network for this article on 'A good listener' Visit

www.adelphicare.org to view many more articles.
