
Newsletter

Daniel Quill, guest editor

#10 – June 2022

adelphicare.org

God-centred caring for
everyone



Young adults' perspectives

Life's challenges

In Australia, there exists a cost-of-living crisis. The prices of many common household items are rising, fuel is now over 200 cents a litre, and the rapid inflation of the housing market has made it difficult to buy a home. Some have borrowed heavily to finance a house and could now be faced with years of repayments at higher interest rates. Naturally, many are concerned about their economic security in the face of such conditions. These challenges are not limited to Australia either, in the United Kingdom and the United States, similar increases in prices are occurring. These increases are felt acutely by young people, who may be searching for their first home, or have moved for study, or are considering starting a family.

Finding comfort?

Yet, God calls us to set aside material concerns, and to focus solely on Him and his Kingdom. Matthew 6:31 -33 "So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well" (NIV).

But simply shrugging off the biological hardwiring in our own body which causes us to fear a lack of shelter, food, or water is not that simple. This, I would argue, is one of the hardest aspects of living the life of a disciple, especially a young disciple. Overcoming our anxieties about something as fundamental as being able to afford food and shelter is not easy. But we can find comfort, even if that comfort is only slight at the present time, in knowing that God is receptive. He will hear our concerns, and even asks for us to cast these weights upon Him. 1 Peter 5:7 "Cast all your anxiety on him because he cares for you" (NIV).



"What good is it if someone claims to have faith but has no deeds?"

The importance of our brothers and sisters

During these challenges, we should not forget that we are surrounded by a community of loving individuals, many of whom are willing and able to support us in our challenges. We should feel no shame in relying on our brothers and sisters to help uphold us. Conversely, those of us who have greater financial security should be receptive to the needs of our brothers and sisters, and act to support those who require assistance. As James writes in Chapter 2:14-16, "What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them? Suppose a brother or a sister is without clothes and daily food. If one of you says to them, "Go in peace; keep warm and well fed," but does nothing about their physical needs, what good is it?" (NIV).

Young people's page

To support better young people growing in Christ and facing many challenges of this life, new articles will be coming shortly to the Young Adult's page of the Adelphicare website. This page's address is:

[https:// www.adelphicare.org/pages/young-adults.html](https://www.adelphicare.org/pages/young-adults.html)

The articles will be added from time to time. These will seek to provide support on challenges encountered by young people, such as the cost-of-living crisis, but also navigating relationships with one another and with God, and mental health for young disciples. Similarly, if you are a young person who wishes to share their experiences or provide words of comfort to others who may be struggling, you can contribute here:

[https://
www.adelphicare.org/pages/contributions.html](https://www.adelphicare.org/pages/contributions.html)

Please note: The embedded links above may not work correctly. If this is the case, please copy the link into your browser to gain direct access.
