
Newsletter

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God-centred caring for
everyone



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Support one another

Many words are used in promoting the idea of helping one another – support, care, bear, showing compassion, empathy ... the list goes on. The Bible is full of passages that suggest the need for us to support one another, or show compassion. The Apostle Paul suggested to the Colossians:

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.” (Col 3:12)

While we would undoubtedly agree with this, our compassion and support need to go further. Our Lord Jesus showed a wonderful example of this when he gave sight to Bartimaeus. (Mark 10:46-52). Jesus was walking along the road when Bartimaeus called out. *Jesus, stopped, listened and acted.* This is a perfect example for us. When someone asks us for help, to support them we should stop what we are doing, listen to their story or request and then do something to help them. Isn’t this what God does for us all the time?

Online support

We are grateful to the South Australian Christadelphian Support Service for encouraging us to promote their phone *HelpLine*. Please access our site to see the number and to phone when you have the need. www.adelphicare.org. You might also like to visit the SA support website: www.supportnetwork.org.au/sa/

‘Still Valid’

This is a poem written by Colleen Roberts. It was motivated by Colleen’s care of an older man some years ago. It reminds us of the fact that older people in our community have value. They have experience. They have wisdom that comes through their experience. They are often a wonderful example of living faith. As such – they are ‘Still Valid’. Above all, the person in Colleen’s poem suggests that when we walk past, we don’t assume that the person is “not at home”.

www.adelphicare.org/pages/events.html



Karers’ Korner

Support groups

God provides us with help in many ways when we ask for it. We know that He is with us directly and that He also works through others around us. One of the ‘others’ can be the many and varied community support groups associated with a particular illness. These are usually formed by men and women who have similar illnesses to us. They are often formed under an authentic umbrella organisation and have well-established principles of operation. The groups include – cancer (men’s and women’s), stroke, heart, dementia ... Visit

www.adelphicare.org/pages/support.html for more information. Such groups are most often beneficial because they bring together people who can share similar experiences. Involvement in such a group can be another way of God providing His support.
